



Lunch & Dinner Menu

Lunch is served Monday - Friday 11:00am - 2:00pm

Dinner is served nightly from 5:00pm - 10:00pm

Soup & Salad Bar

Served Monday - Friday from 11:00am - 2:00pm.

Selection of freshly prepared salads with accompaniments, freshly baked breads, baked potato bar, and a daily variety of house-made soups. \$12.50

Soups, Salads, & Starters

Garden Salad \$9.00

Chopped romaine lettuce, cucumber, and tomato. Served with your choice of dressing.

With grilled chicken \$14.00

Traditional Caesar Salad \$12.00

Chopped romaine lettuce, croutons, and shaved parmesan, tossed in Caesar dressing.

With grilled chicken \$17.00

Hummus Plate \$13.00

Hummus, fresh vegetables, and our homemade pita chips.

Shrimp Cocktail \$16.00

Five chilled jumbo shrimp with spicy cocktail sauce and a fresh lemon garnish.

Chicken Quesadilla \$15.00

Marinated chicken breast and a duo of cheeses in a grilled flour tortilla. Served with guacamole, sour cream, salsa, and shredded lettuce.

BBQ Nachos \$15.00

Crispy corn tortillas topped with pulled pork, creamy queso cheese, scallions, tomatoes, and finished with a sweet and tangy barbecue sauce.

Totchos \$9.00

Crispy Tater tots topped with creamy queso, Jalapeños, scallions, and sour cream.

Okra Basket \$8.00

Crispy fried okra served with remoulade for dipping.

Lighter Side

Turkey Provolone on Wheat \$13.00

Turkey breast smoked to perfection on toasted wheatberry bread with crispy lettuce, fresh tomato, and creamy guacamole. Also available as a wrap.

Lettuce Wraps \$12.00

Ground turkey with stir fried vegetables in teriyaki sauce. Served alongside crisp romaine lettuce and sweet chili sauce.

Sandwiches

All sandwiches served with your choice of French fries or sweet potato fries.

The Capstone Club \$15.00

A mountain of ham, turkey, bacon, American & Provolone cheeses, lettuce, and tomato piled high on two slices of thick Texas toast.

The Bama Burger \$16.75

A Hotel Capstone favorite! Half pound Black Angus beef burger topped with sautéed mushrooms & onions, bacon, and cheddar cheese. Served on a toasted bun, with a side of lettuce and tomato.

The Veggie Burger \$13.00

A plant-based burger made of peas, fava beans, & wheat. Grilled and topped with Swiss cheese and guacamole. Served on a toasted bun, with a side of lettuce and tomato.

Pot Roast Sandwich \$16.00

Slow braised pot roast on a toasted hoagie roll, smothered in gravy with pickled vegetables and white American cheese.

Grilled Chicken Sandwich \$16.00

Our juicy house marinated chicken breast, smothered with savory sautéed onions & provolone cheese and topped with crispy bacon and our white barbecue sauce. Served on a toasted bun with a side of lettuce & tomato.

Buffalo Chicken Wrap \$14.00

Crispy chicken tenders tossed in our spicy buffalo sauce, with romaine lettuce and fresh tomatoes. Served with a side of our house made ranch dressing.

Philly Cheesesteak Wrap \$15.00

Thinly sliced beefsteak with sauteed onions, mushrooms and white American cheese, wrapped in flour tortilla.

Entrees

100z Ribeye \$42.00

Served with Yukon Gold whipped mashed potatoes, asparagus, herb roasted Roma tomatoes, and finished with a house made Gorgonzola Butter.

Gulf Fish and Grits \$21.00

Mahi Mahi, grilled or blackened, served atop homemade parmesan cheese grits, seasonal green vegetables, and finished with an applewood bacon & pepper butter sauce.

Pot Roast \$18.00

A Hotel Capstone Favorite! Our succulent, slow roasted beef pot roast served over creamy mashed potatoes & topped with pan gravy, alongside fresh green beans.

Soy Glazed Salmon \$21.00

Seared salmon in a tangy soy glaze, served over a bed of quinoa edamame pilaf and asparagus.

Chicken Tender Basket \$14.00

Crispy chicken tenders and fries. Served with your choice of dipping sauce.

Shrimp Basket \$20.00

Crispy, breaded shrimp, deep fried and served with French fries and a side of cocktail sauce.

Fish & Chips \$17.00

Cider battered pollack, deep fried and served with crisp French fries and tartar sauce for dipping.

Pesto Pasta \$16.00

Penne pasta in a garden pesto cream sauce, tossed with sauteed mushrooms, squash, & zucchini, finished with cherry tomatoes, red onion & a grilled baguette.

With grilled chicken \$21.00

With grilled salmon \$24.00

Pizza

8" Small Pizza \$14.00

16" Large Pizza \$24.00

Toppings: Pepperoni, Sausage, Ham, Mushrooms, Onions, Bell Peppers, and Tomatoes

We accept Bama Cash.

20% Gratuity will be added to parties of 6 or more.