



Lunch & Dinner Menu

Lunch is served Monday-Friday, 11:00am – 2:00pm.
Dinner is served nightly, from 5:00pm – 10:00pm.

Soups, Salads, & Starters

Soup & Salad Bar
Served Monday - Friday from 11:00am – 2:00pm.
Selection of freshly prepared salads with accompaniments, freshly baked breads, baked potato bar, & a daily variety of house-made soups.
\$9.95

Soup of the Day \$6.00

Garden

Salad..... \$7.00

Chopped romaine lettuce, cucumber, and tomato. Served with your choice of dressing.

with grilled chicken \$12.00

with grilled SALMON \$15.50

Traditional Caesar Salad..... \$8.00

Chopped romaine lettuce, croutons, and shaved parmesan, tossed in Caesar dressing.

with grilled chicken \$13.00

with grilled Salmon \$16.50

Hummus Plate \$7.00

Hummus, fresh vegetables, and our homemade pita chips.

Shrimp Cocktail \$13.00

chilled jumbo shrimp (5) with spicy cocktail sauce and a fresh lemon garnish

Chicken Quesadilla \$12.00

Marinated chicken breast and a duo of cheeses in a grilled flour tortilla. Served with guacamole, sour cream, salsa & shredded lettuce.

Mac & Cheese Bites \$7.00

Creamy, Gouda macaroni & cheese, breaded and fried until crispy. Served with ranch dressing for dipping.

WE ACCEPT BAMA CASH.

Consumption of raw or uncooked meats, poultry, eggs, fish or shellfish may increase the risk of food borne illness.
Please ask your server for country of origin of fish or fish product.

20% Gratuity will be added to parties of 6 or more.

Sandwiches

All sandwiches served with your choice of French fries or sweet potato fries.

The Capstone Club \$13.00

A mountain of ham, turkey, bacon, American & Provolone cheeses, lettuce, and tomato piled high on two slices of thick Texas toast.

The Bama Burger \$14.00

Half pound Black Angus beef burger topped with sauteed mushrooms & onions, bacon, and cheddar cheese. Served on a toasted bun, with a side of lettuce and tomato.

The veggie Burger..... \$12.00

A plant-based burger made of peas, fava beans, & wheat. Grilled and topped with Swiss cheese and guacamole. Served on a toasted bun, with a side of lettuce and tomato.

Hot Chicken Sandwich \$13.00

Nashville style, crispy chicken breast drenched in our sweet and spicy hot sauce. Served on a toasted bun and topped with fresh dill pickles.

Grilled Chicken Sandwich \$14.00

Our juicy house marinated chicken breast, smothered with savory sauteed onions & provolone cheese and topped with crispy bacon. Served on a toasted bun with a side of lettuce & tomato.

Fried Bologna Sandwich \$11.00

Thick cut, all beef bologna, seared and served on griddled Texas toast with American cheese and topped with homemade Creole mustard spread. Served with a side of lettuce & tomato.

French Onion Melt..... \$10.00

Everything seasoned wheat bread, layered with Swiss cheese and caramelized onions. Served with a side of homemade Au Jus.

Buffalo Chicken Wrap \$12.00

Crispy chicken tenders tossed in our spicy buffalo sauce, with romaine lettuce and fresh tomatoes. Served with a side of our house made ranch dressing.

Philly Cheesesteak Wrap \$13.00

Thinly sliced beefsteak with sauteed onions, mushrooms and white American cheese, wrapped in flour tortilla.

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Entrees

Ribeye (10oz.)..... \$32.00

Served with Yukon Gold whipped mashed potatoes, asparagus, herb roasted Roma tomatoes, and finished with a house made Gorgonzola Butter.

Gulf Fish and Grits\$17.00

Mahi Mahi, grilled or blackened, served atop homemade parmesan cheese grits, seasonal green vegetables, and finished with an applewood bacon & pepper butter sauce.

Pot Roast\$16.00

A Hotel Capstone Favorite! Our succulent, slow roasted beef pot roast served over creamy mashed potatoes & topped with pan gravy, alongside fresh green beans.

Pesto Pasta \$12.00

Penne pasta in a garden pesto cream sauce, tossed with sauteed mushrooms, squash, & zucchini, finished with cherry tomatoes, red onion & a grilled baguette.

with grilled chicken \$17.00

with grilled Salmon \$20.50

Soy Glazed Salmon \$21.00

Seared salmon in a tangy soy glaze, served over a bed of quinoa edamame pilaf and asparagus.

Chicken Tender Basket \$12.00

Crispy chicken tenders and fries. Served with your choice of dipping sauce.

Shrimp Basket \$16.00

Crispy, breaded shrimp, deep fried and served with French fries and a side of cocktail sauce.

Pizza

8" Small Pizza \$11.00

16" Large Pizza \$18.00

Toppings: Pepperoni, Sausage, Ham, Mushrooms, Onions, Bell Peppers, and Tomatoes

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